

ATRIAL FIBRILLATION

WHAT DOES IT MEAN?



Search for 'KNOW MY HEART' on your app store



Using augmented reality, we explain how your heart works. If you have atrial fibrillation (AF), take a look at the two doctors, nurse and patient with AF explaining how to live with it and how it can best be treated.

If you have been diagnosed with AF and have questions about your condition, contact your GP or practice nurse for their advice.

This app has been created with funds awarded by NHS England to Staffordshire's technology enabled care programme, and is freely available to all.



If you can't find the app, go to



TOGETHER
WE'RE BETTER

Transforming health and care for
Staffordshire & Stoke-on-Trent