

Beat Social Isolation webinar Resources

How to reduce social isolation with personal digital assistants:

Apple HomePod – <https://www.apple.com/uk/homepod/>

Google Nest – https://store.google.com/gb/product/google_nest_hub

Amazon Echo – https://www.amazon.co.uk/s?k=echo+show&i=amazon-devices&ref=nb_sb_noss_2

Facebook Portal – <https://portal.facebook.com/gb/>

Ease of Setup – Alex Rowley www.wavemaker.org.uk/alexa

Mental health: Ron Daley

Place of welcome: Father John Stather <https://www.gandtparish.co.uk/pow>

Frail person in need: Paul Edden

Diabetes management & wellbeing: Paul Beaney

My Diabetes Alexa Skill – <https://www.amazon.co.uk/Virtual-Health-SHED-Ltd-Diabetes/dp/B086LHZNKW>

Facebook Portal in care settings: Louise Molineux/service user

<https://www.digitalsocialcare.co.uk/success-story/staffordshire-county-council-using-facebook-portals-to-deliver-sensory-services-online/>

How assistive technology can help:

Great examples from Stoke-on-Trent/case studies: Pete Ball:

Community

Alarm – https://www.stoke.gov.uk/info/20051/older_people/176/alarms_and_pendants_for_people_who_need_extra_help_at_home

Footprint tracker – <https://anywherecare.co.uk/footprint-gps-tracker>

Just Checking – <https://justchecking.co.uk/>

Canary – <https://www.canarycare.co.uk/>

MySense – <https://www.mysense.ai/products/>

Find my Phone apps – available via App Store and Google Play store

Great examples from Staffordshire – the interactive website: Lee Owen

www.staffordshire.gov.uk/happyathome

Home settings e.g. sensors: Paul Edden

Home sensors <https://www.homeinstead.co.uk/home-monitoring-sensors/>

Demo in a home: Chris Chambers

Pill box with timer <https://www.amazon.co.uk/dp/B006ZL3582>

Non spill tray <https://ebay.us/kBOWcg>

Remote plugs <https://www.thesafetysupplycompany.co.uk/p/9387449/remote-control-sockets—triple-pack—um-63810.html>

Sink and bath overflow plug <https://www.alzproducts.co.uk/magiplug-anti-flood-plug>

Port Vale Foundation Tackling Loneliness

project <https://www.facebook.com/PortValeFoundation/videos/pvfc-tackling-loneliness-together/1079895349119747/>

Other useful links

Request Free IT Support At Home – <https://abilitynet.org.uk/at-home/request-free-it-support-home>

Brilliant resource to help with digital literacy training – <https://www.learnmyway.com/>

For those less digitally savvy this may offer some comfort
– <https://www.happyathome.club/localwellbeingmatters>

Staffordshire County Council Health App Finder tool – <https://www.staffordshire.gov.uk/Care-for-all-ages/Search-for-health-and-wellbeing-apps.aspx>

Link to purchase our Echo Show

guide: https://www.amazon.co.uk/dp/B08W191VVL/ref=cm_sw_em_r_mt_dp_HBXKFN4NVKX5YQY248S0

Published Amazon Alexa articles in journals – <https://www.digihealthwell.co.uk/clinicians/alexa-pubs/>